

# GYSA Coach's Meeting

Spring 2015 Season

# Coach Certification

- Things that must happen for Coaches.
  - With no coach, players don't play.
  - No Training or Games for team
- **Coaching Certification Checklist**
  - 1. NAYS Certification***
    - **Must choose Griffin Youth Soccer Association**
    - 3 Sections to Complete
      - Coaching Youth Sports
      - Soccer
      - Concussion (Recertify Annually)
        - » Link: <http://www.nays.org/>

# Coach Cert. cont.

## **2. *Spalding Parks & Rec Background Check***

- We will have copies at the meeting

## **3. *GA Soccer License (Free Course)***

- February 21, 2015

- G Course (U5-U8)

- 9:00 – 1:00

- <http://gs.affinitysoccer.com/eventmanager/public/event.asp?calid=6985825&eventtype=CE>

- F Course (U5 – U12)

- 9:00 – 5:00

- <http://gs.affinitysoccer.com/eventmanager/public/event.asp?calid=6985831&eventtype=CE>

# Age Group Coordinators

- Adam Greene Director of Coaching
  - 706-975-1671
  - excelfc\_11@hotmail.com
- Jonathan McGavin Rec. Board Member
  - 770-380-9388
  - jmcgavin614@yahoo.com
- Amanda Bradford U5/U6
  - 404-664-6008
  - cambry9804@yahoo.com
- Brian King U8
  - 678-673-0451
  - brianking1981@gmail.com
- Christi Bottisti U10 & up
  - 904-254-0219
  - christine1122@comcast.net

# Important Dates

- G/F Coaching Course            February 21
- Cont. Ed. (U10 & Up)            March 3
  - Jacob Daniel - GA Soccer Director of Coaching
  - Please plan to attend (If not able, contact Adam)
- Opening Weekend                March 7
- Spalding Spring Break            April 20 – 24
- More dates for cont. ed. coming soon.....

# Season Starts

- Create Communication link
  - First Connection
    - Call parents on roster
      - Email also
    - Setup 1<sup>st</sup> Practice/Team Meeting
    - Find Team Manager/ Team Mom
      - Someone who is reliant and supports you.
- Let the parents know exactly how you will communicate.
  - Email/Text/Calls????
- Teamsnap
  - <https://www.teamsnap.com/>
    - Free and Paid versions
    - Link numbers on Teamsnap to smartphone

# Season Cont.

- Practice Sessions
  - 2 Session per week
  - Season starts, 1-2 sessions per week
- U5/U6 30-45 min. per session
- U8 45-60 min. per session
- U10 60-90 min. per session
- U12/up 75-90 min. per session

# GYSA: Game Play Points of Interest

- U5/U6
  - Everyone plays entire field
- U8
  - Everyone supports play on entire field
  - NO ONE SITS IN FRONT OF GOAL!!!!!!!
    - Defenders should be connected to teammates
    - There are offensive and defensive duties for all players
  - WINNING is not the only reason kids play sports!!!
  - You as coaches have the difficult job, just like teachers, to support each of your children on your team.



# GP cont.

- U10 & up
  - Everyone supports play on entire field
  - NO ONE SITS IN FRONT OF GOAL!!!!!!!
    - Defenders should be connected to teammates
    - There are offensive and defensive duties for all players
    - Keepers should be off goal line/ focused on the game/ constant adjustments
  - WINNING is not the only reason kids play sports!!!
  - You as coaches have the job, just like teachers, to support each of your children on your team.
    - No matter the skill level or athleticism.

# Attire

- Practice
  - Athletic wear
    - Dress attire should be appropriate
    - Nothing revealing
    - Appropriate length
  - Cleats
  - Shin-guards
  - Ball
  - Water (sports drinks can cause cramps)
  - Bag to carry gear

# Attire

- Games
  - Team Uniform (Navy & White)
    - Dress attire should be appropriate
    - Nothing revealing
    - Appropriate length
  - Cleats
  - Shin-guards covered w/ socks
  - Ball
  - Water (sports drinks can cause cramps)
  - Bag to carry gear

# Training Sessions

- G/F Coaching Course
  - Provides the base and structure you need
- Coach's Corner
  - <http://www.griffinsoccer.org/Default.aspx?tabid=271288>
- Pre-planned sessions (online soon...)
  - Black Pick-up Box (Tyus Park Office)
- YouTube Channel (age/player appropriate)
  - <https://www.youtube.com/channel/UCsMWiLvQnef7Qxz4DPyGXXg>

# Training Sessions

- Cont. Ed. (U10 & Up)      March 3
  - Jacob Daniel - GA Soccer Director of Coaching
    - Defensive progression
  - Please plan to attend (If not able, contact Adam)
- There will be other dates throughout the season for other age groups for continual education.
- Teams may be asked to participate in educational sessions
- Sessions will be primarily on Tuesday evenings.

# Training Sessions cont.

- Contact
  - Adam Greene
  - GYSA/ Excel FC Director of Coaching
  - [Excelfc\\_11@hotmail.com](mailto:Excelfc_11@hotmail.com)
  - 706-975-1671
    - Soccer Problems/ Advise
    - Technical
    - Tactical
    - Rules

# Games

- U5 – U8 Games
  - In-House
  - scheduled by Gerry Cunningham
- U10 & U12
  - Interleague
  - scheduled by Gerry Cunningham
- U14 & up
  - State

# Games

- Game Conflicts/ Schedule (Before season starts)
  - Age Group Coordinator
- Canceling Games (Before Wednesday)
  1. Contact Opponents Coach
  2. Contact Age Group Coordinator
- Rescheduling Games
  1. Contact Opponents Coach and work out date possibilities.
  2. Contact Age Group Coordinator
  3. You are not promised field space unless confirmed by Age Group Coordinator



# Game Management

- Team Manager (Team Mom)
- U5 – U8
  - Communication
  - Parties
  - End of Game Snacks
- U10 & up
  - Game Rosters
  - Player Cards
  - Communication
  - Parties
  - End of Game Snacks

# Training Gear Pick-up

- Monday, February 9, 2015
  - Tyus Park Concessions Stand
  - 6:00 pm – 7:00 pm
  - Amanda Bradford
- Coaching bag
  - Cones
  - Pennies
  - Balls
- Coaching Packet must be completed:
  - NAYS certification (Youth Sports, Soccer, Concussion)
  - Background Check